



The Berwyn News

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www.myberwyn.org

January, 2012

Berwyn District Civic Association Membership Meeting

Thursday, January 19, 2012
8:00 PM, Fealy Hall
49th Ave., & Berwyn Road

Guest Speakers

Stacey King
Recycling Coordinator
City of College Park

And

Dan Blasberg
BDCA Board Member
District 1 Coffee Club

Play Group Meets Wednesdays, 10AM

Berwyn Neighborhood Park (Cherry Park)
In case of rain ~ Fealy Hall

***** We Need *****

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Contact: Jerry Anzulovic at
301.474.2912

President's Corner Kevin Young

On behalf of the BDCA, I would like to wish you and yours a very happy, healthy and successful year in 2012. As we begin the New Year, your Civic Association pledges to advocate for Berwyn and monitor new developments impacting our neighborhood.

We celebrated in great style at our annual holiday party on December the 10th. Once again Fealy Hall was decked out in grand fashion by our party committee. We had a full house and the children all had a great time. Santa dropped by to visit with the kids and refine his list. Thank you to all the volunteers who made this event possible.

Last summer a committee of the BDCA met with the City Engineer and Maryland State Highway officials to discuss concerns with traffic entering the Village Pump from East bound Greenbelt Road. Many near misses have occurred at this intersection due to the poor view of oncoming traffic. As a result of this meeting, the south side of Greenbelt Road immediately west of 49th Avenue has recently been designated a no parking zone. Hopefully, this will improvement will make this intersection safer. Let us know what you think.

Please join us on January 19th at 8 pm in Fealy Hall 49th Avenue and Berwyn Road. Our Guest will be Stacey King from the City of College Park Public Works Department. See you there.



**When you least expect it...
It Will Snow!**

**Lend a hand
When you can!**

COUNCILMAN'S VIEWS AND COMMENTS

Bob Catlin, 301-345-0742 or
Catcprtc@aol.com

Greetings neighbors. 2012 has gotten off to a fast start. The largely new City Council, whose eight members have a total of 26 years of council experience, will act on two major projects going before the County's Planning Board in mid-January. Both projects had been scheduled for a county Planning Board decision in December.

The Maryland Book Exchange project which would be about 900-925 beds of student housing, instead of the 1,000 beds which were originally proposed by the developer, is still not likely to be supported by the City Council. The developer calls the slightly revised plan "a compromise," but it reflects minimal change to address our issues. The far rear part of the building would step down from six stories to four stories slightly reducing the residential capacity of the building to mitigate the visual appearance of the project from some of the adjacent properties.

The second project which is pending action is the proposed Cafritz property rezoning to permit the construction of a large mixed-use project. The proposal, which would include a Whole Foods grocery, has been the subject of fervent negotiations involving the three adjacent municipalities. The most difficult issue remains the railroad crossing by a road to connect the project to River Road and the College Park Metro Station.

Dining activity at the Fishnet Restaurant has increased due to good word of mouth plus a favorable review in the Washington Post Wednesday food section on December 21st and a listing for the restaurant in the Washingtonian's restaurant blog as one of the ten best new restaurant openings in 2011.

It looks like more restaurant openings are coming in the next few months. Roti Mediterranean Grill has signed a lease for the last remaining available store space in the Varsity complex. Roti's is a small restaurant chain with about 14 locations in the Chicago area and Washington, DC and Arlington. The small available space in the Rita's Italian Ice building is being leased by Nawaabsaab Kabobs. From its name it is expected that it will serve Middle Eastern food on skewers to take out, as it has no space for indoor seating.

Our long time auto parts store on Berwyn Road has just reopened as a NAPA auto parts store after always operating independently before.

The City's auditors (who work for the Mayor and City Council) recently presented their findings at a City Council meeting. The auditors found the City's finances to be in good order once again.

It appears speed camera revenues will come in greater than expected (perhaps \$1 million in FY2012 or about \$400,000 greater than expected). Speed camera revenues have made up for the loss of traditional state revenue assistance to the City, with some excess that can help fund needed infrastructure improvements that have been awaiting funding for many years.

A new year is here, so please renew your membership in the BDCA for 2012 or become a new member and support the Association in its efforts to inform, educate and foster a greater sense of community in the neighborhood with events such as Berwyn Day, the Oktoberfest bonfire and the children's Christmas Party. Best wishes for a safe and prosperous new year.

BERWYN DISTRICT CIVIC ASSOCIATION Annual Membership Dues

Membership dues are \$10 per person or \$15 per family, collected once a year. Your dues support publication of this newsletter, community events, advocacy for Berwyn issues, and much more. Make checks payable to "Berwyn District Civic Association, Inc."

Please Print Clearly!

Send payment, family name, and street address to:

***Berwyn District Civic Association
PO Box 535
College Park, MD 20740***

Any individuals or businesses who contribute \$25 or more will be acknowledged on the BDCA website sponsorship page. If you want to contribute but prefer not to be acknowledged, please let us know with your payment. For those contributing \$50 or more, you may provide us with a link to your business or personal website which we'll add to the BDCA site.

Thank you!

“Healthy Eating, Active Living”: Obesity Prevention in Berwyn’s Children Lily Fountain, MS, CNM

Hi Neighbors! I was honored to present at and attend the Maryland Childhood Obesity Conference in November, sponsored by the University of Maryland Baltimore and the Maryland Department of Health and Mental Hygiene. Experts from across Maryland gave facts and figures and advice to parents and policymakers. Many Prince George’s programs as well as advice from doctors, nurses and others enriched our understanding of how to prevent and treat overweight in children.

THE PROBLEM: Nearly one third of our children are overweight with the highest rates among younger children! These children face a lifetime of chronic illness, and our current generation of children may be the first to not live as long as their parents. But the root cause is not usually just with individual children not doing what they should — the home, school, and community environments are promoting obesity!

SOLUTIONS: Solutions to this problem are at the community, school, and family levels.

COMMUNITY AND SCHOOL SOLUTIONS: Efforts are underway in Prince George’s County to promote healthy eating and active living. Some towns (Bladensburg, Colmar Manor, Cottage City and Edmonston), have created Wellness Opportunity Zones that bring together the community to take action to reduce obesity. Communities can promote such things as investments and parking policies to create walkable neighbourhoods, provide tax credits to attract mainstream grocery stores, promote farmers markets and community gardens to provide healthier foods, and support school-based policies that engage our children and youth in physical activity (see www.commonhealthaction.org). Berwyn is lucky in that many of these initiatives are being included in the current development of the Route 1 corridor; let your city council members know you support measures that support a healthy College Park! We also have easy access to five Farmers’ Markets: College Park (at the Skating Rink), College Park’s Sunday Market at City Hall, downtown Riverdale, Greenbelt (at the Pool parking lot), and in downtown Takoma Park. So far we don’t have a Community Garden, but appreciation of the virtues of local self-grown produce is increasing.

We also have to look at what’s going on in day care, because three-fourths of preschool-age children are in day care and they don’t get much exercise due to injury concerns, lack of funds to buy good playground equipment, not enough staff, and the focus on academics at the expense of active play.

College Park has been identified as a great place to raise kids. We have great elementary schools, including Paint Branch Elementary, Friends Community

School, and Holy Redeemer School. We can work with the parent-teacher associations to support increased funding levels for programs to promote activity and nutritious, delicious eating habits. At the Childhood Obesity conference, some programs that were found to be affective were School Wellness Councils (involving students, parents, teachers, staff, nutrition directors, school nurses, community organizations, the health department, faith-based initiatives, and policy-makers in improving health policies), Fruit/Vegetable of the Month, Weight Watcher groups, and Zumba Days. I wish you could have seen the kids at the Conference jumping rope (six ropes at once!), doing Zumba dance, and playing musical instruments. Active living at its most fun!

One of the most important things parents can do is to practice “Responsive Feeding”. This means 1) age appropriate amounts of food, 2) eating and serving fruits and vegetables, and 3) family meals at regular times. Yes, grandma is right on this one. Responsive Feeding also means avoiding sugary and salty snacks (this especially means do not keep soda in the house), don’t pressure kids to eat, and don’t use food to manage behavior. You can let your children learn to respond to their own, internal hunger cues. In addition, the whole family will benefit from family activities such as soccer, walks, and bike rides - whatever form of movement works for your family. Decreasing screen time to 2 hours or less per day is a vital part of preventing obesity - this includes computer, TV, video games, and texting.

Almost all the advice can be summed up in “**95210**”: Nine hours of sleep, 5 fruits and vegetables, 2 hours of screen time, one hour of moving, and zero soda EVERY DAY! Please go to www.healthiestmaryland.org to see the great sources for this information and more.

To get the benefits of “Healthy Eating, Active Living” parents, grandparents, aunts and uncles and good friends must all “walk the talk”. Offer to help neighbors. It does take a village, and parents need support to make good eating and activity choices.

Next month: Healthy Teens

Send your comments and suggestions to Lily at fountain@umd.edu.

Elizabeth Kuligowski
Professional Organizer

budgetinglife@gmail.com
301-683-8331



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1/2 Page (Vertical)	\$50	\$350
Full Page	\$75	\$500

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Ad files, ad size, and number of dates to run should be sent via email to the editor at berwynnews@gmail.com.

We prefer picture files (jpg, gif, etc), but can work with text or pdf files (some formatting changes may be necessary).

Ads will not run until payment is received!

Thank you for supporting our community!!!

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CONTACT

PRESIDENT@MYBERWYN.ORG

**Standard Operating Procedure:
 Publication of the Berwyn District Civic Association (BDCA) Newsletter**

The Board of Directors for the BDCA meets on the 1st Thursday of each month. Board members are requested to submit an e-mail copy of articles for publication to the newsletter editor not later than the following Monday. As a reminder, an e-mail is sent to all Board members on the next business day.

Once completed, the newsletter is submitted to the BDCA President for final approval. The final, approved newsletter is e-mailed to the printer not later than the 2nd Thursday of the month.

On the 1st of every month the general membership is invited to submit articles, and 1 accompanying photograph for publication. All articles must adhere to the following conditions for publication:

- Articles should be in MS Word format and not exceed 1 pages, single spaced, in Verdana font, with a font size of 9.5.
- Articles capturing the history of our Berwyn neighborhood, community affairs, human interest, family recipes and traditions will be considered.
- Articles and photographs expressing a political, religious or social philosophy will not be accepted.
- The Editor reserves the right to decline articles, and or photographs, for any reason.

Unsolicited articles are due the 1st of each month and may be submitted to Michele Garnes at:

mckgarnes@earthlink.net



Neighborhood Homes

Information Provided by Jerry Anzulovic

Properties Sold or Rented (Berwyn 5, Branchville 0)

8407 Patuxent Avenue, \$125,000, (\$365,000), 2 bedrooms, 1 bath.
8411 Potomac Avenue, \$155,000, (\$200,000) 3 bedrooms, 1 bath.
5102 Roanoke Place, \$260,000, (\$278,000), 5 bedrooms, 3 baths.
4813 Ruatan Street, \$220,000, (\$225,000), 6 bedrooms, 2½ baths.
4705 Tecumseh Street, Unit 101, \$110,000, 2 bedrooms, 2 baths.

Properties Under Contract (Berwyn 15, Branchville 0)

5027 Berwyn Road, \$219,900, 4 bedrooms, 2½ baths.
5057 Berwyn Road, \$199,000, 3 bedrooms, 2½ baths.
4801 Osage Street, \$90,000, 2 bedrooms, 1 bath.
4805 Greenbelt Road, \$114,900, 2 bedrooms, 1 bath.
4823 Osage Street, \$194,900, 5 bedrooms, 2½ baths.
4717 Pontiac Street, \$325,000, 5 bedrooms, 2½ baths.
8304 Potomac Avenue, \$208,500, 6 bedrooms, 3 baths.
8400 Potomac Avenue, \$189,900, FORCLOSURE, 4 bedrooms, 2 baths.
8513 Potomac Avenue, \$124,900, 5 bedrooms, 2 baths.
4709 Tecumseh Street, Unit 104, \$95,000, (\$220,000).2 bedrooms, 2 baths.
4709 Tecumseh Street, Unit 202, \$119,900, 2 bedrooms, 2 baths.
8306 48th Avenue, \$349,900, 5 bedrooms, 2 baths.
8701 48th Avenue, \$139,900, 5 bedrooms, 2 baths.
8707 48th Avenue, \$229,900, 3 bedrooms, 2 baths.
8404 49th Avenue, \$250,000, 4 bedrooms, 1½ baths.

Properties for Sale or Rent (Berwyn 11, Branchville 1)

4707 Berwyn Road \$330,000, 4 bedrooms, 2 baths.
4808 Osage Street, \$186,000, 2 bedrooms, 1 bath.
4822 Osage Street, \$274,900, 3 bedrooms, 2 baths.
8307 Patuxent Avenue, \$75,000, 7,900 sf building lot.
8308 Potomac Avenue, \$194,999, 3 bedrooms, 2 baths.
8322 Potomac Avenue, \$288,000, 5 bedrooms, 3 baths.
8407 Potomac Avenue, \$150,000, 6 bedrooms, 3 baths.
5010 Roanoke Place, \$189,750, 4 bedrooms, 2 baths.
5104 Roanoke Place, \$325,000, 5 bedrooms, 2 baths.
4707 Tecumseh Street, Unit 202, \$90,000, 1 bedroom, 1 bath.
4707 Tecumseh Street, Unit 204, \$129,000, 2 bedrooms, 2 baths.
8907 48th Ave, \$210,000, 3 bedrooms, 2 baths.